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**TRANSIT TALK  
DRIVERS, RIDERS  
HAVE THEIR SAY**

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**BABY MAKES  
THREE**

**DUFF EXPECTING  
HER FIRST CHILD**

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**Tankless. Job**



SHELLEY WILLIAMSON/METRO

► Emergency crews work at soaking up 10,000 litres of road tar yesterday after a tanker sprung a leak when a truck backed into it at 69 Avenue and 172 Street.

## West-side tar spill leaves sticky mess

Officials say the hot paving tar poses no danger despite a small amount running into a sewer, which was countered with an oil-absorbent boom at the river outfall that collected hydrocarbons.

# Teen charged in murder

► 16-year-old arrested in St. Paul last week after June 19 fatal stabbing of young dad



**HEATHER  
MCINTYRE**  
@METRONEWS.CA

Edmonton police said yesterday that a 16-year-old from the Saddle Lake Reserve has been charged with second-degree murder and possession of a weapon in connection with the death of 22-year-old Bruce Dumais.

The teenager, who cannot be named under the Youth Criminal Justice Act, was arrested in St. Paul last Friday.

Dumais was found on the pavement in front of the Windermere apartments, in the area of 107 Avenue and 107 Street, shortly after midnight on June 19.

He died in hospital.

"It's a relief someone's been

### Homicide No. 26

- The Dumais family released a statement through the police in early July, pleading for tips.
- At the time, witnesses said three men were involved in an altercation with the victim, but police were unclear how many people may have been involved. Only one person has been charged.

picked up," said Evelyn Dumais, the victim's aunt. "We just ... wait now for court."

She said her nephew had moved to Edmonton a few months before his death for work, and leaves behind two children, aged 1 and 3, who live in Lac La Biche with their mother.



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# Stolen Fringe bike turns up

Usually it's the performer who steals the show, but on Sunday someone else stole a huge part of Trent Baumann's thunder.

The Australian busker also known as The Birdmann, in town for the Edmonton Fringe Festival, was performing outside the Varscona Theatre when someone ran out of the crowd, hopped on a bicycle he uses as a prop and started pedalling

away.

The 1970s navy-blue vintage ladies bicycle belongs to Baumann's billet, Lindsay Stamhuis. The bike used to belong to her grandmother.

Luckily, it was found and turned in to police late yesterday afternoon.

Stamhuis was watching when it was stolen and said 10 to 12 people went after the thief on foot, but they lost him a few blocks

away near 108 Street.

"It was unfortunate it was during a Fringe performance," Stamhuis said. "It was pretty ballsy of the guy."

At the time, Baumann was doing a routine in five-inch stilettos.

"I couldn't chase," he said with a laugh. "My role was to reassure the crowd it was OK, and to just finish the show."

● HEATHER MCINTYRE



CONTRIBUTED

# Weapons seized at border

► **Illegal rifles, pistols and clips found stowed in wooden crates in truck from California**



**JEREMY NOLAÏS**  
@METRONEWS.CA

Alberta border officials discovered a motherlode of illegal weapons during a routine stop this month.

While examining a truck and flat-deck trailer entering the province through the Carway crossing on Aug. 9, officials recovered 16 rifles and pistols, 10 prohibited magazine clips, and a silencer.

"This is definitely significant," said Lisa White, spokesperson for the Canadian Border Services Agency.

"It is the largest seizure, to our knowledge, at a land border crossing in Alberta."

## Farewell to arms

- There have been 329 weapon seizures in Alberta this year, the Canadian Border Services Agency says.
- The truck seized on Aug. 9 started out in California, spokesperson Lisa White said.
- Kevin Lorne Swanson was released on bail but forced to surrender his Canadian passport and U.S. permanent resident card.

Kevin Lorne Swanson, 48, faces 34 charges including illegal importation of firearms, unauthorized firearms possession and possession of a prohibited device.



CONTRIBUTED/CANADIAN BORDER SERVICES AGENCY

► Investigators are analyzing weapons seized at an Alberta border crossing to find out what they were going to be used for.

Swanson, a Canadian citizen, lived in Edmonton before moving to the United States 10 to 15 years ago, said RCMP Sgt. Patrick Webb.

Webb said investigators

will attempt to find out why the weapons were being brought in. More charges could follow.

"What our people do now is look at all of the weapons and attempt to

classify whether they are legal or not," he said.

Swanson was handed an \$11,500 penalty and is scheduled to appear in a Lethbridge court on Sept. 19.

1  
news



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On the web at [metronews.ca](http://metronews.ca)

**Stock markets have been a wild ride recently, but that's no reason to run from them. Allan Small has more at [metronews.ca/investing](http://metronews.ca/investing)**

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# Drivers, riders chime in

Ever show up late to work because your train broke down? Or forked over a small fortune to ride a cab home because you missed the last bus? It looks like you're not alone. From tardy service to illegible timetables, Metro readers from coast to coast shared their beefs — and praises — with transit in their city. Here's what you had to say ...

## 'I like that every day it's different'



**HEATHER MCINTYRE**  
@METRONEWS.CA

Angelo Da Silva has been driving an Edmonton Transit bus for four years.

"I like that every day it's different," he said. "It's a great job."

The thing that switches his job up the most is that drivers change routes every three months. Right now, Da Silva is driving the No. 12, which travels from downtown to Northgate and back.

He said he doesn't have a favourite route, though.

"It all depends on the day," he said. "There are some routes that are really busy all the time (and there are others that are really dead and boring."

Above all, Da Silva said he enjoys the company the most.

"The service we provide is fantastic for people and I like it because I'm outside," he said. "But there are bad days."

Troublemakers are around, but Da Silva said that's not even his biggest issue when it comes to driving a bus in Edmonton.

"Traffic is one thing, and the construction," he said. "And the constant detours are frustrating, but I guess that's just normal."

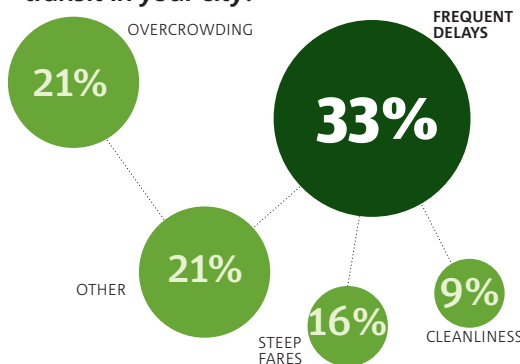
For most instances, patience is key, he said.

"If you don't have patience, you're not cut out for driving (for a living)," he said with a laugh.



▶ An Edmonton bus.

### What's your biggest complaint about transit in your city?



## Your take ...

### RATE YOUR SYSTEM

Check out our online poll and rate your city's transit customer service system. Visit [metronews.ca](http://metronews.ca). Poll results will be printed in tomorrow's edition.

### BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at [edmontonletters@metro-news.ca](mailto:edmontonletters@metro-news.ca) or send us a message on Twitter @metroedmonton. The best answers will be printed in tomorrow's edition.

● METRO

## Transit operators across the country speak out

Sure, riding the bus can sometimes be frustrating, with long waits at transit stops, overcrowded buses and the occasional cranky driver.

But driving a bus can be just as trying on the nerves, according to bus drivers across the country.

Gavin Davies, who has been driving a bus in the Vancouver area for more than 20 years, said he often has to deal with drunk and inconsiderate riders while trying to keep focused on the road.

"I couldn't stand dealing with the mean people who thought you worked for them."

Davies also mentioned that little or nothing is done after bus drivers are physically assaulted, something he finds ex-

### Coming up next

Grab a copy of *Metro* tomorrow for the final instalment of our three-part transit series. We'll look at what readers from coast to coast would do if they could start from scratch and build their own transit system, as well as the role of smartphones in making transit more predicable and user-friendly.

tremely frustrating.

Toronto Transit Commission driver Sherry Newton has had her share of people yell at her for not pulling over once she'd pulled away from a stop.

"People yell and scream at you for not

stopping to pick them up," she said.

"What they don't know is that it's (a safety) policy.

"It would be nice if (riders) were more aware of our do's and don'ts."

Wayne Slawter, a 13-year veteran bus driver in Halifax, said one negative passenger experience can ruin a driver's day.

"You have some days where, in all reality, the public is just not very nice to you, and sometimes you might get a little down from it," he said.

"(But one) person can get on after that, say please and thank you and have a good day, and it erases all that negativity that just happened to you."

**TERRIS SCHNEIDER IN VANCOUVER, PHOEBE HO IN TORONTO AND RACHEL WARD IN HALIFAX**

### Reader tweets



What would you like to see in Edmonton's transit system?

- ▶ @WSH111: "I would like to see more service at peak hours so we don't have to cram together so tightly nor stand so long. #vegtransit"
- ▶ @BRDarling: "24 hour transit for sure."
- ▶ @carillonjane: "signs/gps technology that tells you when the next bus is coming!"
- ▶ @nuttyskadork: "later service! Better weekend coverage! More security on the LRT at night"
- ▶ @mike\_siebert: "from the complaints i see, ets should make more routes bendy busses."
- ▶ @mike\_siebert: "compared to other cities, the ets is awesome."
- ▶ @AshleyKumo: And perhaps an app for smart phones would be nice! Especially since we can't view trip planner on mobile.

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# Violent end to a notorious life

► Jonathan Bacon shooting in B.C. illustrates vicious cycle of drug trade ► Expert doubts shooters will be caught

**MATT KIELTYKA**  
@METRONEWS.CA  
METRO CANADA IN VANCOUVER

With the brazen daytime murder of Jonathan Bacon, British Columbians got a vivid and disturbing glimpse of how the crime world operates.

Kelowna RCMP confirmed yesterday the man killed in a targeted hit outside a hotel Sunday was the alleged Red Scorpion gang member, the oldest of three siblings all believed to be players in B.C.'s Lower Mainland criminal scene.

Three other people in a car with Bacon, 30, were injured: A male Hells Angels member now in critical condition and two women expected to recover.

One other victim fled

the scene after the shooting and has yet to be located.

Rob Gordon, the head of criminology at Simon Fraser University, said the high-profile incident should come as no surprise.

"(Bacon) has created a lot of enemies and this is how gang members settle disputes. They don't use lawyers or a courtroom, they do it on the street," Gordon said.

Mounties are trying to hunt down the shooters — clad in all black clothing and masks — but Gordon doesn't believe the triggermen will be found.

"They were probably contracted and have gone back across the (U.S.) border. I don't think they'll be identified," he said. "The focus now will be on who is behind the whole thing."



► Police tape seals off a downtown Kelowna, B.C., street corner at the scene of a multiple shooting on Sunday.

CHRIS STANFORD/THE CANADIAN PRESS

## No leeway for judges on mandatory sentences

Canada's judges will get no leeway on mandatory minimum sentences as Ottawa proceeds with its anti-crime agenda during the fall session of Parliament, Justice Minister Rob Nicholson said yesterday.

A resolution passed by the Canadian Bar Association in Halifax during its annual conference says judges should have more

discretion in cases where there could be an injustice by use of a mandatory minimum sentence.

But Nicholson told the association that the government is "comfortable" with current sentencing guidelines.

"There are a number of mandatory minimum sentences ... and I would suggest to you that the ones



► Justice Minister Rob Nicholson takes questions after addressing the Canadian Bar Association's annual conference in Halifax yesterday.

ANDREW VAUGHAN/THE CANADIAN PRESS

that we have introduced are reasonable and appropriate," Nicholson said, adding that sentencing guidelines allow judges to use discretion when delivering sentences. Nicholson said the public gave the government a mandate to proceed based on a bill that was introduced but not passed before the May 2 federal election.

THE CANADIAN PRESS

### Exemption

► The Canadian Bar Association is seeking a legal exemption from mandatory minimum sentences for certain cases, such as those suffering from permanent brain injury. Other countries have adopted such a measure.

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# Stealing from Somalia's poor

- Food aid being hijacked, ending up in wrong hands: UN
- Government officials deny food for refugees being stolen

THE ASSOCIATED PRESS

Thousands of sacks of food aid meant for Somalia's famine victims have been stolen and are being sold at markets in the same neighbourhoods where skeletal children in filthy refugee camps can't find enough to eat, an Associated Press investigation has found.

The UN's World Food Program for the first time acknowledged it has been investigating food theft in Somalia for two months. The WFP said that the "scale and intensity" of the famine crisis does not allow for a suspension of assistance, saying that doing so would lead to "many unnecessary deaths."

And the aid is not even safe once it has been distributed to families huddled in the makeshift camps popping up around the capital. Families at the



large, government-run Baidado camp, where several aid groups have been distributing food, said they were often forced to hand back aid after journalists had taken photos of them with it.

In Mogadishu markets, vast piles of food sacks are for sale with stamps on them from the World Food Program, the U.S. govern-

ment aid arm USAID and the Japanese government. The AP found eight sites where food aid was being sold in bulk and numerous smaller stores. Among the items being sold were corn, grain and Plumpy'nut — a specially fortified peanut butter designed for starving children.

Somali government spokesman Abdurahman Omar Osman said the government does not believe food aid is being stolen on a large scale but if such reports come to light, the government "will do everything in our power" to bring judicial action.

The UN says more than 3.2-million Somalis need food aid after a severe drought that has been complicated by Somalia's long-running war.

THE ASSOCIATED PRESS

## Egypt. Court



► Supporters of Egypt's Hosni Mubarak gather outside yesterday during a court hearing for the former president in Cairo.

KHALIL HAMRA/THE ASSOCIATED PRESS

## Mubarak trial continues in Egypt

Former president Hosni Mubarak returned to court yesterday for his trial on charges of corruption and complicity in killing protesters during the mass uprising that ousted him from power. The ailing, 83-year-old Mubarak arrived in a helicopter from a Cairo hospital, where he has been held since his first court appearance on Aug. 3.

**180** The Gannet Alpha oil rig is located 180 kilometres east of the city of Aberdeen, Scotland.

## Oil spill in North Sea

Royal Dutch Shell estimated yesterday that 204,000 litres of oil have spilled into

the North Sea from a rig off Scotland's eastern coast.

THE ASSOCIATED PRESS

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# Mayor blasts Tories over email

► Head of Sarnia, Ont., says threat to widow was 'shameful' ► She is trying to raise awareness of asbestos issue

The mayor of Sarnia, Ont., has written a letter to the Conservative Party of Canada, accusing it of "absolutely shameful" behaviour in its dispute with the widow of an asbestos victim.

Sarnia Mayor Mike

Bradley reacted to news that the woman, Michaela Keyserlingk, received a threatening email warning her to stop using the party's trademarked logo in her anti-asbestos ad campaign.

"Your actions on the as-

bestos issue ... with threatening a widow whose husband died of exposure to asbestos are absolutely shameful," Bradley wrote in an email to party executive director Dan Hilton.

"I invite you to come to

Sarnia Lambton and see the devastating impact asbestos has had on countless lives of the people of this community."

Keyserlingk, whose husband Robert died in 2009 of a cancer linked to asbestos

exposure, said yesterday that she's received a wave of supportive emails since going public with the Tory warning. Her banner ad reads, "Canada is the only western country that still exports deadly asbestos!"

and features a Tory logo.

The Conservatives under Prime Minister Stephen Harper have been adamant defenders of Canada's declining asbestos-mining industry.

THE CANADIAN PRESS

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### Resistance. Fighters



► The Dalai Lama and Second World War French resistance fighter Stephane Hessel in Toulouse, France, yesterday.

BOB EDMIE/THE ASSOCIATED PRESS

## Dalai Lama visits France

The Dalai Lama began a three-day visit to France on Saturday, saying rapprochement with Beijing was possible and that if all rights are genuinely implemented, "then it's in our interest to remain within" China.

## NDP questions use of G8 legacy fund

A \$50-million legacy fund for last year's G8 summit was run out of the local constituency office of federal minister Tony Clement, documents show — a process that allowed the Harper government to avoid scrutiny by the auditor general.

The NDP discovered the paper trail by doing an end run around the federal government and using Ontario freedom of information laws to get municipal records.

The hundreds of pages of documents reveal Clement's MP office in Parry Sound, Ont., soliciting legacy project submissions

**\$50M** Amount of the G8 fund that was administered out of Tony Clement's constituency office — with records available to the auditor general.

more than 18 months before the June 2010 international summit in Huntsville, Ont.

And despite documentary evidence that federal civil servants sat in on many of the project meetings, no records were available to the auditor general when Sheila Fraser looked into the G8 spending late last year. THE CANADIAN PRESS

## Navy to get its 'Royal' back?

Two divisions of Canada's armed forces are being rechristened with the names they held for the better part of the first half of the 20th century, media reports said yesterday.

Officials with the Depart-

ment of National Defence refused to discuss reports that the air and maritime divisions will be known as the Royal Canadian Navy and the Royal Canadian Air Force for the first time since 1968. THE CANADIAN PRESS





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# Mob victim handed jail sentence

► Religious rancour fuelled attack

An Indonesian man wounded when Islamic hardliners launched a deadly attack on his minority sect was sentenced yesterday to six months in prison — more than some of those caught on video taking part in the lynching.

Human-rights groups blasted the ruling, saying 48-year-old Deden Sudjana was acting in self-defence.

**“I’m the victim. Why am I getting a higher sentence than some of the perpetrators?”**

**DEDED SUDJANA, MEMBER OF MINORITY SECT**

They said it showed how the police, the judicial system and the government are helping fuel religious intolerance in the world’s most populous Muslim country.

Sudjana was convicted of inciting violence be-

cause he defied police orders to leave the scene when the attackers arrived at a meeting of the minority Ahmadiyya sect. Sudjana instead fought back during the Feb. 6 incident in the village of Cikeusik in central Indonesia.

Footage of the attack, which circulated widely on the Internet, showed 1,500 hardliners descending on a house where 20 members of the sect had gathered. The attackers, carrying wooden clubs, machetes and rocks, killed three people and continued to pummel their lifeless bodies, chanting “God is Great!” as police looked on. **THE ASSOCIATED PRESS**



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Libya. Victory



► A rebel fighter flashes a victory sign as he celebrates at the gates of the town of Brega, Libya, yesterday.

ALEXANDRE MENEGHINI/THE ASSOCIATED PRESS

## Libyan rebels take town

Most of the town has been liberated from Moammar Gadhafi’s forces, with fighting going on only at the oil terminal, according to a rebel military spokesman.

## Mexican town offers pesos for pooches

Bring us your dog and get a break on your bills.

Officials in the northern Mexican city of San Luis Rio Colorado are extending the offer in an effort to reduce a high stray population and to avoid the flea-borne typhus that has been reported nearby.

But pro-animal groups say bringing the dog to a city shelter is likely to lead

**\$16** The one-time 200-peso (\$16) credit on tax or water bills is aimed at dog owners who feel they can no longer take care of their pets and might otherwise leave them on the street.

to their euthanasia and are calling for a ban on the practice.

City spokesman Gabriel Moreno said yesterday that the dogs handed over to the city are first offered for adoption, and only put to sleep if nobody wants them. **THE ASSOCIATED PRESS**



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# Google makes bet on Motorola

Google Inc. is buying cell-phone maker Motorola Mobility Holdings Inc. for \$12.5 billion US in cash. It's by far Google's biggest acquisition to date and a sign the online search leader is serious about expanding beyond its core Internet business.

Google said yesterday that it would pay \$40 per share, a 63 per cent premium to Motorola's closing price on Friday.

Motorola Mobility was separated from the rest of Motorola in January. The company has remade itself as a maker of smartphones based on Google's Android software, but has struggled against Apple Inc.

The transaction could signal a wave of consolidations in the smartphone industry as players try to hook up manufacturing

**17,000**  
Motorola Mobility has more than 17,000 issued patents and Google intends to protect the Android ecosystem from lawsuits, probably through the acquisition of more patents.

and software applications providers to compete with each other.

That could put Canadian technology giant Research in Motion Ltd. in play as a potential takeover target, especially since its shares are well below where they have traded in the past.

Google CEO Larry Page said that the deal with Motorola would "supercharge the entire Android ecosystem." **THE CANADIAN PRESS**

# The rich should be taxed more: Buffett

NATI HARNIK/THE ASSOCIATED PRESS



► Warren Buffett has given tips to the U.S. government on raising the taxes of the "mega-rich."

► Billionaire believes payroll taxes should be increased for wealthy  
► Stop coddling us, he advises

Billionaire investor Warren Buffett is calling on the so-called "mega-rich" to pay more in taxes.

Buffett said yesterday in a New York Times opinion piece that he would immediately raise rates on households with taxable income of more than \$1 million, and he would add an additional increase for those making \$10 million or more.

He also recommends that the 12 members of U.S. Congress charged with devising a deficit-cutting plan leave rates for 99.7 per cent of taxpayers unchanged.

"My friends and I have been coddled long enough by a billionaire-friendly Congress," Buffett wrote. "It's time for our government to get serious about shared sacrifice."

Buffett noted that the mega-rich pay income taxes at a rate of 15 per cent on most investment income but practically nothing in payroll taxes.

The middle class, mean-

**"People invest to make money, and potential taxes have never scared them off."**

**WARREN BUFFETT,  
BILLIONAIRE INVESTOR**

while, typically falls into the 15 per cent and 25 per cent income tax brackets and is hit with heavy payroll taxes.

He said Washington legislators "feel compelled to protect us, much as if we were spotted owls or some other endangered species."

Buffett said he knows many of the mega-rich well, and most wouldn't mind paying more in taxes, especially when so many fellow citizens are suffering.

He also said he has yet to see anyone shy away from investments because of tax rates on potential gains, even when rates were much higher in the mid-1970s, 1980s and 1990s.

**THE ASSOCIATED PRESS**

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
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# ADULTHOOD: ARE WE THERE YET?

## SHE SAYS ...

JESSICA NAPIER  
METRO



Tomorrow is my 26th birthday. I am officially entering the early stages of my late 20s and I'm not having a panic attack about it ... surprisingly. I remember when 26 seemed impossibly old, the way 35 seems to me right now I guess, but now I've really started getting comfortable in my quarter-life status.

The days of looking forward to age-specific birthdays as they relate to laws — driving, voting, gambling, drinking — are long gone as all of the milestones start to blend together. When people ask, "How old are you?" I often answer incorrectly, not because I'm embarrassed but because I really cannot remember — another sign of just how much I've settled into being a "20-something" rather than a specific number.

When I look in the mirror I don't feel old and yet, when I revisit photo albums from a mere three or four years ago, I am

flabbergasted at just how young I looked. Even if I could kid myself into thinking I was still a youthful 22-year-old, there's always someone there to remind me that I most certainly am not.

Last weekend I was at a department store buying overpriced face wash (I grew out of my Neutrogena years a long time ago) when the saleswoman at the cosmetic counter inquired about my anti-aging skin-care regime.

"Purely preventative, of course," she said, eyeing my apparently not-so-smooth complexion. I spent that afternoon surveying the landscape of my face: A little sun damage but no discernable wrinkles to date — although maybe I should

give up frowning just in case.

But it's not just the physical changes that have me feeling like I'm getting on in years.

All of my peers in the 25-to-30 age bracket seem to make a habit of complaining about just how ancient we've gotten. We whine sardonically about being "too old" for stuff that we still do on a regular basis. We're too old to host keg parties, too old to live in a basement apartment, too old to wear five-inch heels, too old to be waking up in a stranger's bed, too old to go back to school and so on.

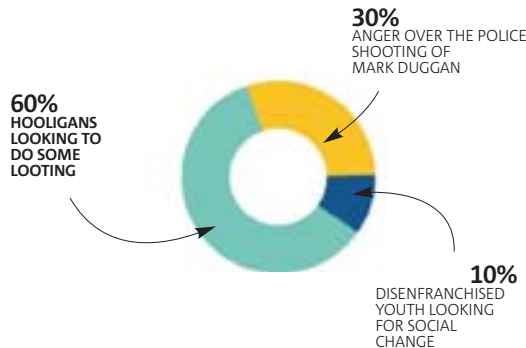
And herein lays the irony of mid-20s limbo: Old enough to know better but immature enough to do it anyway. We're almost grownups, but we're not quite there yet.

Read more of Jessica Napier's columns at [metronews.ca/shesays](http://metronews.ca/shesays)



Register at  
[metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

What is really behind the London riots?



## Worth mentioning

**MAD COWS.** A University of Alberta scientist has figured out a way to transform cattle parts into plastic to offer a potentially profitable alternative to the disposal of all those bits that the mad cow crisis turned into waste.

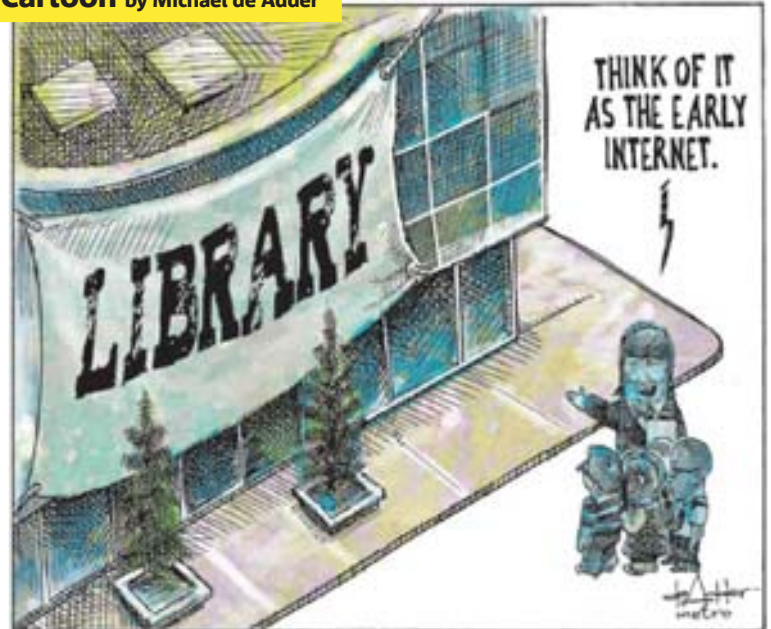
Canada's cattle industry was devastated in 2003 when mad cow disease was discovered on an Alberta farm. In addition to trade disruptions that continue to plague ranchers, cattle brains and spinal cords, known as specified risk materials, could no longer be used for fear of possible infection and were rendered worthless.

What producers or meat processors once sold for up to \$100 a tonne now costs them \$30 a tonne in disposal costs.

Biochemical engineer David Bressler and his team found they could use highly pressurized water to break down proteins in the materials into smaller bits that could be bound together with a second chemical, much like the rungs joining two sides of a ladder.

The process creates a brownish, opaque, odourless powder that can be cast into any shape. **THE CANADIAN PRESS**

## Cartoon by Michael de Adder



## WEIRD NEWS

## Mayor sends ex-wife a rock-solid gift

A Quebec mayor could face criminal charges after he delivered an unwelcome birthday present to his ex-wife: A 20-tonne boulder, topped with a pink ribbon, dumped on her front lawn.

Dany Lariviere, mayor of St-Theodore-d'Acton, delivered the not-so-happy birthday gift over the weekend to Isabelle Prevost — from whom he divorced last year after a

decade of marriage.

The giant stone was spray-painted with the message, "Happy birthday, Isa."

Lariviere owns an excavation company. He said he used one of his own front-end loaders to transport the rock.

He jokingly compared it to a giant diamond ring. He said his ex-wife always wanted one, and he described his "present" in one newspaper interview as 18-to-24 "carat-tonnes."

"I brought what we call a big rock to my ex-wife," Lariviere later added in an interview with The Canadian Press.

"I took a rock from one of my quarries and I brought it to her place with a little message and a nice ribbon, just like a real gift."

**THE CANADIAN PRESS**

## Local tweets



► **@scrappy\_d:** Alright #yeg — Tell me your fave fringe

shows so far pls! #yegfringe  
► **@\_ItsMeAshleyP\_:** Thank God I have taken defensive driving, otherwise I think I would have been in 3 accidents b/c 3 separate drivers were on their phones. #yeg  
► **@nicolecreates:** Who wants to see Twenty-Five with me tonight? 730 at Wunderbar #yegfringe #joelcrichtone-emergency  
► **@MJForbes:** Five CF18's warming up and ready to roll over Edmonton #yeg  
► **@Eeeerinnnn:** RT

► **@CityofEdmonton:** Movies on the Square is Back by Popular Demand.

► **@chad\_dey:** Former BC Lion WR Dobson Collins has signed with the Edmonton Eskimos per @TSNDaveNaylor

► **@happiechik1:** Loving life. Getting fit. Cautiously optimistic about the #QCM. In September. If I can run hills in Edmonton I can run flat in Regina.

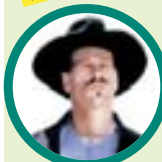
► **@naturalurbanmom:** SHOES! Indoor shoes, outdoor shoes, sport shoes....why do they need so many pairs of shoes!! #BTS #kids #YEG

2  
scene

## Feature film faceoff

► As two Snow White films get ready for release next year, we look back at the box office revenue of other similar projects that were released within months of each other

## Movie 'A'



## Battle at the OK Corral

Tombstone (Dec. 25, 1993)  
Gunslinger and law enforcer Wyatt Earp moves to Tombstone and gets in a gunfight at the O.K. Corral with the outlaw Cowboys.  
Stars: Kurt Russell and Val Kilmer.

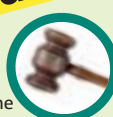
## Movie 'B'



## Wyatt Earp (June 24, 1994)

Wyatt Earp becomes a broken-hearted widower and then moves to Tombstone, where as a gunslinger and law enforcer he shoots up the outlaw Cowboys.  
Stars: Kevin Costner, Dennis Quaid and Gene Hackman.

## The verdict



First shot wins  
Tombstone sold \$57 million at the U.S. box office. Wyatt Earp grossed less than half of that, \$25 million, about six months later.

## Cellphone drama



Paris Hilton has reportedly lost two mobile devices on a flight to the Philippines for a visit to promote a hotel resort.

Television footage showed Hilton combing through a bag looking upset while she was surrounded by airline staff at the Manila airport late Sunday after arriving from Dubai.

Manila radio station DZBB reported that airport and airline authorities are investigating.

In 2005, hackers gained access to Hilton's Sidekick cellphone and famously splashed the private mobile numbers of her celebrity friends online.

THE ASSOCIATED PRESS

## Fighting in Europe

Rob Roy (April 7, 1995)  
The leader of a Scottish clan battles with feudal landowners in the 18th century.  
Stars: Liam Neeson and Jessica Lange



Braveheart (May 24, 1995)  
A Scottish rebel leads an uprising against English oppressors in the 13th century.  
Stars: Mel Gibson

Courage prevails  
Rob Roy sold \$59 million worldwide. Braveheart came out less than two months later yet grossed much more, \$204 million.

## Eruption of the Volcanoes

Dante's Peak (Feb. 7, 1997)  
A dormant volcano in Washington state erupts, endangering a nearby town.  
Stars: Pierce Brosnan and Linda Hamilton.



Volcano (April 25, 1997)  
A dormant volcano under Los Angeles erupts and rains lava bombs on the city.  
Stars: Tommy Lee Jones, Anne Heche and Don Cheadle



Dante delivers  
Dante's Peak grossed \$169 million worldwide, while Volcano grossed \$120 million about three months later.

## Catastrophic clash



Deep Impact (May 8, 1998)  
A comet is on its way to destroy Earth, and 800,000 people are randomly selected to keep the human race alive.  
Stars: Robert Duvall, Tea Leoni and Morgan Freeman



Armageddon (July 1, 1998)  
An asteroid is on its way to destroy Earth and a team of offshore drillers is sent to plant a nuclear bomb that will knock it off course.  
Stars: Bruce Willis, Ben Affleck and Liv Tyler

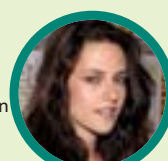
Low impact  
Deep Impact sold \$349 million worldwide and Armageddon grossed \$555 million despite coming out just two months apart.

## Tale of a princess

Untitled Snow White Project (March 16, 2012)  
An exiled princess enlists seven dwarves to win back her birthright from an evil queen in an adventure comedy.  
Stars: Julia Roberts and Armie Hammer



Snow White and the Huntsman (June 1, 2012)  
An exiled princess trains in the art of war with a huntsman dispatched to kill her and tries to overthrow an evil queen in an epic adventure.  
Stars: Kristen Stewart, Chris Hemsworth and Charlize Theron



Mirror, mirror  
Stay tuned to see which princess finds favour with audiences.

METRO/THE ASSOCIATED PRESS

## Studios take bite from the same apple

Next year, a pair of live-action adventure flicks based on Snow White will come out in theatres just months apart.

The first, still-unnamed Snow White movie is set for release March 16. That gives moviegoers two and a half months before Snow White and the Huntsman on June 1. Executives are confident that both projects can succeed, given their differences in stars, tone and plot.

This cinematic standoff pits a couple of "frenemy" studios against each other — newbie studio Relativity Media and its longtime distribution partner, Universal Pictures.

Since 2005, Relativity has provided financial backing for most of Universal's new movies in a deal that was to last through 2015. But Relativity has been eager to make money from distributing as well.



► Charlize Theron is set to play an evil queen.

So in June, Relativity passed its co-financing deal with Universal to Relativity's financial backer,

Elliott Management. That paved the way for the two studios to compete head to head — Relativity with the unnamed movie and Universal with Huntsman.

"It's the nature of competition. It's the nature of this business," said Tucker Tooley, Relativity's president of worldwide production.

Universal executives declined to comment.

Executives argue that the two Snow White

movies are spaced far enough apart so that advertising one won't inadvertently drive people to the other.

Most movies make 95 per cent of their sales in the first four weeks. So there's plenty of time to get refreshed and go out again.

"Ten weeks in the movie business is a lifetime," said Huntsman producer Joe Roth.

THE ASSOCIATED PRESS



Box set about Presley's breakout year of 1956 to be unveiled during Elvis Week in Memphis



# Sturgess comes home



**STEVE GOW**  
SCENE@METRONEWS.CA

For British actor Jim Sturgess, filming the romantic drama *One Day* was like coming home again.

"It was kind of cool," said the *Across the Universe* star recently in New York. "I've done one other film in London but it was sort of nice to shoot on streets that I know and recognize and walk down in my everyday life."

Set in England, Edinburgh and Paris, *One Day* is based on the international bestselling book by David Nicholls and features Sturgess and Anne Hathaway as two English chums whose love blossoms as they reunite on an anniversary date over 20 years.

"I never made a film where the book is so much of a help," insisted Sturgess, who contributes the in-



► Anne Hathaway and Jim Sturgess star in *One Day*.

volvement of Nicholls to the filming's ease.

"To make an adaptation (and) have the writer who wrote the book write the screenplay for the film; to have him around on set, to dive into the book and just read more thoroughly about this scene that you're in at that particular time was a massive help."

Published in more than 30 countries, *One Day* will undoubtedly have a dedicated following when the film hits theatres this Friday.

For Sturgess, that also means there will be a lot of scrutinizing eyes watching his performance measure up to the character in the novel. But he is likely hoping fans' opinions are

slightly less critical than his own. "A lot of people read books and think of actors to help get an image of the character but I don't really do that. I think of types of people so I had a type of person in my head and then suddenly I had to put my face in there," laughed Sturgess. "(It was like) what are you casting me for? This is all wrong."

## DVD Releases

**Jane Eyre**

**Genre:** Drama

**Director:** Cary Fukunaga

**Stars:** Mia Wasikowska

**Rating:** PG-13

Mia Wasikowska commands the title role for the 19th Jane Eyre, and like a distaff version of 007, she's a heroine who shakes and stirs. Luminous in *The Kids Are All Right* and Alice in *Wonderland*, Wasikowska makes drab seem rad in director Cary Fukunaga's insightful rendering of Bronte's gothic love story, a new classic version of this oft-told tale.

She's superbly matched with Michael Fassbender, the charming chameleon of *Hunger* and *Inglourious Basterds*, who as Jane's mysterious swain Edward Rochester is a figure at once menacing and vulnerable.

Rounding out the impeccable cast are Judi Dench as Rochester's loyal housekeeper Mrs. Fairfax, and Jamie Bell as the starched clergyman St. John Rivers.



Fukunaga's vision, in concert with screenwriter Moira Buffini (Tamara Drewe), strips the Bronte novel to its dark roots about the physical and emotional travails of young orphan Jane.

The two main protagonists have been given small but significant personality makeovers: Jane is less pious and Rochester is less verbose than in the novel. Wasikowska and Fassbender do such a superb job in their roles, and match together so well, that no one need fear any disservice to Bronte's everlasting intention: a love story where the woman is the equal to the man.

● PETER HOWELL

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# Baby on way for Duff and Canadian hubby



▶ Hilary Duff and Mike Comrie

- ▶ Former child star grows up
- ▶ Breaks the news on anniversary

Hilary Duff and husband Mike Comrie know how to celebrate an anniversary — by starting a family. The singer and actress took to her official website to announce that she's expecting her first child. "This weekend, Mike and I are celebrating our one year anniversary," Duff posted. "We also want to share the exciting news that baby makes three! We are extremely happy and ready to start this new chapter of our lives. Thanks to everyone for the continued love and support throughout the years." ● METRO

## You did what this weekend?

- ▶ Tara Reid announces engagement, marriage, from Greece
- ▶ Shares info via Twitter within the span of a day

Tara Reid had a whirlwind weekend in Greece, first announcing via Twitter that she and a man named Zack Kehayov were engaged.

But mere hours later, she updated her status

again. "Just got married in Greece. I love being a wife." Reid was previously engaged to Internet entrepreneur Michael Axtmann, but called it off in April 2010.

METRO



▶ Tara Reid

## Reese gets inked up?

Reese Witherspoon showed off her beach-ready body — and some surprising new body art — while vacationing in Hawaii recently, according to Us Weekly. The bikini-clad Oscar-winner was spotted beachside with husband Jim Toth

Sunday, where a tattoo of a star flanked by two birds was prominently displayed on Witherspoon's abdomen. The ink was first spotted over the July 4th weekend, but it wasn't clear at the time if it was permanent.

METRO



▶ Reese Witherspoon

## It's his party and he'll flirt if he wants to

Joe Jonas celebrated his 22nd birthday in Las Vegas over the weekend with a day of parties at a number of clubs, according to People magazine.

Jonas — whose actual birthday was yesterday — started the day poolside at the Liquid Pool Lounge.

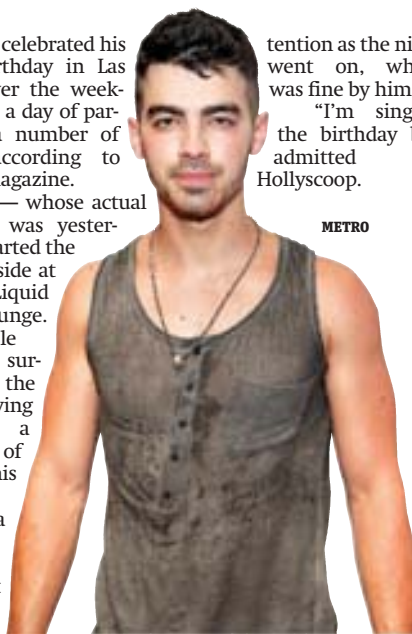
"Female fans surrounded the area, trying to get a glimpse of him in his bathing suit," a source says.

He got more female at-

tention as the night went on, which was fine by him.

"I'm single," the birthday boy admitted to Hollyscoop.

METRO



### Quick Dish



▶ Johnny Depp

### Remake of Lone Ranger a no-go

**SORRY JOHNNY.** Looks like Johnny Depp won't be riding off into the sunset in a big-screen remake of *The Lone Ranger*, as Disney reportedly pulled the plug on the film project after producers were unable to bring down the whopping \$250 million budget, according to Deadline. Depp, who was going to play Tonto, is reportedly still optimistic something can be worked out. ● METRO

### Celebrity tweets



"I really don't want Bar Rafaeli to get back together with Leonardo diCaprio again if this Blake Lively thing blows over."

@mindykaling

@Jonah Hill



"I'm in London any cool stuff I should do?"

@RitaWilson



"Working vs. tweeting? I forget to tweet when I work!"

@SteveMartinToGo



"Playing computer chess with myself, but finding it hard to climb on desk, straddle monitor and look down."



▶ Jessica Alba

## Stork visits Alba again

Jessica Alba gave birth to her second daughter over the weekend, she announced on Facebook. Haven Garner Warren weighed in at 7 pounds.

"Big sister Honor couldn't be more excited about the new addition to our family," Alba wrote.

"Thank you for all of your support during my pregnancy. It means the

world to me."

Alba previously told Ellen DeGeneres that she'd taken "hypnobirth classes" to prepare for baby No. 2.

"It's not like the clock in front of your face and you go out and you wake up and you got a baby," she joked. "Basically my husband takes me through sort of a meditation. It's not like a weird thing." METRO



ISTOCK PHOTOS

► Recent studies have shown that patients who walked shortened their hospital stay by an average of a day and a half.

# Walk before you run

► Studies show that patients who are mobile during their hospital visits get released earlier



**CELIA MILNE**  
LIFE@METRONEWS.CA

When Granny's in hospital, she might recover more quickly if she walks the corridors.

Several studies worldwide have found that elderly patients who are mobile while in hospital get released earlier than

those who stay in bed.

"Walking really does pay off," says Efrat Shadmi, a researcher at Haifa University in Israel and co-author of a new study.

The study involved 485 patients over age 70 who were hospitalized for at least two conditions over two days or more. There were two groups: those who stayed in bed or

**"Higher levels of mobility emerges as an important factor associated with shorter length of stay."**

DR. ANNA ZISBERG

seated next to their bed, and those who walked around their room and the

hospital ward. The patients who walked shortened their hospital stay by an average of a day and a half.

"Higher levels of mobility emerges as an important factor associated with shorter length of stay," reported Shadmi and colleague Dr. Anna Zisberg in the Archives of Internal Medicine.

Mobility was beneficial for patients regardless of their functional status, age, cognitive ability, sex, and severity of illness.

Older patients might mistakenly believe they are supposed to stay in bed in order to get better.

This is not the case.

They can lose muscle power fast if they don't walk around.

## Hospitals



Canadians are more likely to catch a bug while receiving care than people in almost any other affluent country. Here are rates of health care-associated infections, from the World Health Organization:

Canada: 11.6%

U.K.: 9%

Spain: 8.1%

● CELIA MILNE



Researchers find new ADHD genes, some also seen in autism, schizophrenia



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▶ Dieting just got easier.

## DIETING

## Log on and lose weight

Dietitians of Canada has improved its online tool to help Canadians plan meals, set goals for healthy eating and physical activity and track the results.

The national dietitians group said last week that the bilingual eaTracker, operational since 2005, has been updated. More than 75,000 of its 307,000 users have

signed up since 2010.

"Using their feedback, we've updated the tool to help consumers make their best food and activity choices to support their good health," registered dietitian Lynn Roblin said in a release.

"It's a minefield out there for consumers with so much food and nutrition information; eaTracker provides one-stop shopping for consumers."

Check out [eatracker.ca](http://eatracker.ca) for more information.

THE CANADIAN PRESS

# Autism risk in younger siblings higher: study

▶ Overall threat to relations nearly double what it was previously thought

Parents of autistic children have long been told there's a roughly one in 10 chance a younger sibling may also develop the disorder, but a large international study suggests the actual risk is substantially higher.

The study by the international Baby Siblings Research Consortium, published Monday in the journal *Pediatrics*, estimates the overall risk at almost 19 per cent after studying 664 infant siblings with at least one older brother or sister with autism spectrum disorder.

Researchers found the risk was even higher in some cases: 26 per cent for male infants and more than 32 per cent for young-



▶ There is strong evidence that genetic factors play a critical role in the development of autism.

sters with more than one older sibling with autism.

"This is the largest study of the siblings of children with autism ever conducted," lead author Sally Ozonoff of the Uni-

versity of California at Davis, said in a statement.

"There is no previous study that identified a risk of recurrence that is this high."

But she said it's impor-

## Autism

What is it?

▶ **Disease factors** Autism spectrum disorder (ASD) is a life-long neurodevelopmental condition that typically appears before age three and significantly affects a child's ability to think, communicate and interact with others.

tant to recognize the estimates are averaged across all the families that participated in the study, a collaborative effort involving researchers from the U.S., Canada and other countries. THE ASSOCIATED PRESS

## VOLUNTEERS NEEDED FOR A RESEARCH STUDY AT THE UNIVERSITY OF ALBERTA ON BLOOD VESSEL STIFFNESS AFTER PREGNANCY

WERE YOU PREGNANT 4 - 9 YEARS AGO?  
IF SO, YOU MAY BE ELIGIBLE TO TAKE  
PART IN THIS STUDY.

The purpose of the study is to learn if women with high blood sugar levels during pregnancy develop early stiffening of the arteries.

We are recruiting women who DID NOT have diabetes during their pregnancy.

Your participation would involve one 3-hour session where you will:

- Fill out a questionnaire
- Have the stiffness of your blood vessels measured
- Have your height and weight taken and your waist measured
- Have a glucose tolerance test and your cholesterol measured
- Have an electrocardiogram and your blood pressure measured

For more information or to volunteer for this study, call (780) 492-9033

Parking expenses will be reimbursed for participants.



This research has received ethics approval for research with human subjects.

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BEFORE



AFTER



BEFORE



AFTER



# Only the finest foreign fare for Fringe Festival goers

► Café Beirut represents everything delicious about Lebanese cuisine

## LUNCH RUSH

CHRISTOPHER THRALL  
FOOD@METRONEWS.CA



I remember hearing rave reviews of Café Beirut when it opened, but it took me a year to duck through its doors. We were drawn through the stark white, Lebanese interior to the vividly-coloured dishes pictured above the prep counter.

After a helpful chat with owner Sam Tabet, we settled on kibbi (\$9.95) and shish kabob (\$14.95). I



► The kibbi (\$9.95) and the shish kabob (\$14.95).

chugged down some Freez (\$3.50), blackberry-flavoured pop from Lebanon, and watched our entrées be crafted.

Pita enclosed my tender beef skewer, but there was no holding back the mas-

sive pile of crisp vegetables or salty potato chunks beside the kabob. I dipped everything in hummus as I ate, eyeing the baklava triangle (\$2.50) that sat temptingly beside my plate. Moist with honey on

the bottom, with bone dry pastry above, the baklava was simply succulent.

I know why Café Beirut has lasted a year, and why it will last several more. Drop on in while you're Fringe-ing.

► **Café Beirut**  
10812 Whyte Ave.  
780-988-8821  
cafebeirut.ca  
Category: solo, date, friends, family, co-workers  
Price range: Low  
Rating: 5 out of 5

## Honey Mustard Catch



Expand your child's palate — and satisfy yours — with these delicious haddock sandwiches. They use whole-wheat buns and the fish is baked rather than fried, making it a healthier option.

### Preparation:

1 Slice buns in half. Combine ingredients for mayo mixture and spread 15 ml (1 tbsp) on the bottom half of each bun. Place lettuce and haddock on top, then add remaining bun half.

THE CANADIAN PRESS/  
HELLMAN'S

### Ingredients:

#### Honey Mustard Catch

- 4 haddock fillets (each 165 g/6 oz), baked
- 4 whole-wheat buns
- 4 large leaves romaine lettuce
- 4 slices (each 30 g/1 oz) low-fat cheddar cheese

#### Honey Mustard Mayo

- 60 ml (4 tbsp) low-fat mayonnaise-type dressing
- 30 ml (2 tbsp) Dijon mustard or honey mustard
- 30 ml (2 tbsp) honey or agave syrup (if using Dijon mustard)

# The joy of ice cream minus the sugar

► This tasty recipe relies on the sweetness of mangos, grapes and bananas rather than artificial sweetener

This ice cream is so healthy that sometimes you can serve it to your kids for breakfast. No, really.

You do need a food processor to make this frozen fruit-based treat, but the result is similar to soft serve ice cream.

And since it has no added sugar, you don't feel guilty about letting your kids add candy sprinkles to complete the ice-cream effect.

You can also get creative and use other toppings such as crushed cookies, peanuts, chocolate chips, shredded coconut or your own favourite sundae toppings.

If you find it too thick, simply add water, orange

### Ingredients:

- 1 bag (284 g/10 oz) frozen mango chunks
- 250 ml (1 cup) frozen red grapes
- 1 banana
- Pinch salt
- 50 ml (1/4 cup) orange juice
- Candy sprinkles (optional)

juice or lemon juice until you get the consistency you want.

Frozen grapes are a great treat on their own, too. To freeze them, all you have to do is wash fresh grapes and then arrange in an even layer on a baking sheet or pan. Freeze until firm, then

transfer to a bag or container for longer storage.

And while not essential, the salt in the recipe goes a long way to heightening the natural sweetness of the fruits.

If you have frozen pop moulds, pour any leftovers into those and freeze for a great treat for later.

### Preparation:

1 In a food processor, combine all ingredients. Process until very smooth, 2 to 3 minutes. You may need to stop and scrape the sides of the bowl once or twice to ensure all of the fruit is processed.

THE ASSOCIATED PRESS



► This recipe makes three servings.

# TRY TO MAKE OTHERS FEEL GOOD

## CHARLES THE BUTLER

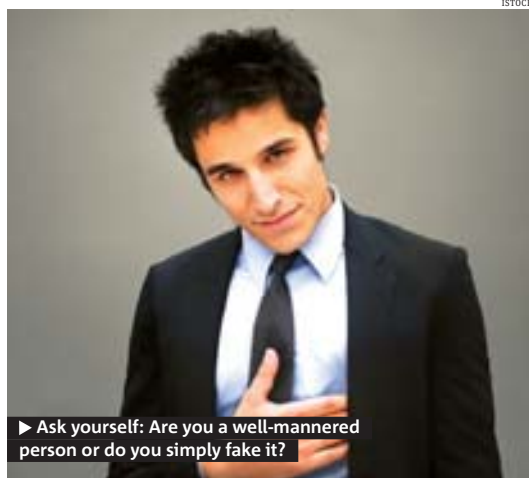


ASKCHARLES  
THEBUTLER@  
METRONEWS.CA

FOR MORE, VISIT  
CHARLES  
MACPHERSON.COM

**Dear Charles the Butler:**  
**Where is the line between being well-mannered, and simply faking it?**  
**Just sayin'**

Dear Just Sayin':  
What a great question!  
A well-mannered person



always puts themselves in someone else's shoes first and never attempts to belittle others or make them feel badly.

One of the absolute golden rules of etiquette is to make others feel good. Someone who is polite and well-mannered will always do their best to make others around them feel comfortable, no matter how awkward the situation.

Someone who is false or

disingenuous doesn't worry about others' feelings or making others feel comfortable in social situations. These people rely on what they see in the movies and on television for their cues to good manners and proper conduct. In practice, however, nothing could be further from the truth!

**HAVE A QUESTION? EMAIL CHARLES AT**  
**ASKCHARLESTHEBUTLER@**  
**METRONEWS.CA.**

# IGNORE POP CULTURE: COUGAR IS JUST A WORD

**As a woman approaches 40, popular culture begins to get nasty (in all sorts of ways). One particularly galling change is that a 40-ish woman enjoying a night out with the girls suddenly gets labelled a "cougar" and is automatically reduced to a thing of ridicule — regardless of her marital status. I hate that! So my question is, can a woman of a certain age still have fun? If so, how?**  
**Miaow**

**Claire:** Dear Miaow,

I'm going to assume that you and your friends aren't wearing any of the following: Lipliner, spandex (unless it's in the Spanx that nobody can see), Lucite heels, spike heels, anything shorter than two-inches above the knee, animal-print clothing so tight that the seams go white when you sit down.

## TWO SISTERS



ANDREA & CLAIRE  
RELATIONSHIPS@METRONEWS.CA

I'm also assuming you're not showing: The kind of cleavage you can lose your appetizer in, underwear that is visible, or dance moves that involve you spanking yourself.

If these assumptions are correct, my advice is to ignore pop culture.

There is nothing more attractive than a woman who is happy, so if a night out with the girls makes you happy, tell pop culture

to stick it where the leopard print don't shine.

**Andrea:** Dear Miaow,

Wait, in your 40s, shouldn't you be sitting at home mending clothes and preparing your hard-working man a steak?

No, you're not, because women broke through that stereotype. That, or you hate sewing. If you're out with the girls having a blast, what does it matter if you're dubbed a cougar? Would you prefer Mama Bear? Redwood? MILF?

As long as you see yourself as someone genuinely having fun vs. trying to beat away the aging process by corrupting young bucks, don't worry about the name calling.

Call people out on it when they're being obnoxious. You're an adult; you can handle it.

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# Please mind the gap, kids

## ON MONEY

ALISON GRIFFITHS  
MONEY@METRONWS.CA



Gap years are a terrific experience if you build in money management skills.

I'm a huge fan of gap years for high school graduates. Many parents worry that kids who take a break before going to college or university will come to love the freedom too much to hit the books again.

I say, don't fret. Why? Two words — minimum wage. It takes only a few months for your young adult to grasp the idea

► With savvy planning, taking a gap year before starting college or university can be a terrific way to gain money smarts.



that bottom of the barrel income is the norm for those with only a high school diploma.

It's more important than ever before for young adults to develop money management skills.

The 2011 TD Canada Trust Student Finances survey discovered that 58 per cent of post-secondary students are anxious and stressed about their finances.

A gap year is a great way to build financial skills, while setting money aside to reduce reliance on student loans and lines of credit during post-secondary studies at the same time.

Another benefit is that

the money saved might mean less need for a part-time job during the school year. Work is a great learning experience but it can also detract from academics and campus life.

This is what the bottom line looks like for a 35-hour week (one full-time or two part-time jobs) at or close to minimum wage for 50 weeks. I've used \$10 an hour, though the provincial rates vary from \$8.80 in Alberta to \$10.25 in Ontario.

This amounts to \$8,750 in savings; \$4,375 for personal spending, and \$4,375 for food and rent.

With the youth unemployment rate ranging

from nearly 15 per cent to over 20 per cent it can be difficult for young adults to find full-time work.

Even so, help your gap year youngster develop a basic plan for whatever is earned and the savings will be appreciated down the road.

# STAY ON COURSE

## FUN AND FRUGAL

LESLEY SCORGIE  
MONEY@METRONWS.CA



Investors are feeling vulnerable, but don't let market uncertainty derail your goals.

The best way to calm your investment worries is to focus on your long-term net worth goals. The next best way is to save more. Here are five fundamental money management principles to stick to.

**Plan:** People don't just stumble upon wealth. They create a plan with timelines to reduce debt and invest in assets.

**Get help:** Who are you turning to during this financial turmoil? Get professional financial help from a financial advisor. Ask for referrals from friends and interview at least three.

Be frugal: It's never a good time to overspend. With a skittish market, now is really not a good time, as it can lead to job losses and further economic slowdown. Buy only what you need and stick to a budget. If you've got debt, get rid of it fast by setting up automatic payments through online banking, tackle high-interest debt, and pay a little extra on payday — even if it's only \$20.

**Invest:** If you haven't started investing, get on it! If you have, invest more. Investing early allows compounded interest and reinvested returns to grow your money greater than if you wait until mid-life to start. Stats show we're living longer and the cost of living is increasing. Thus, experts recommend saving 15 to 20 per cent.

**Give:** Giving doesn't just happen; you have to plan to give. So, build some type of giving into your financial plan.

### Gap-year goals

A good rule-of-thumb for managing gap-year earnings for not-so-young ones still living at home:

- 50% allotted to savings
- 25% for personal use
- 25% for food and rent
- For parents, instead of spending the household expense cash, stash the savings away into an education account for your child to use later on.

## POPQUIZ

What should you do with your tax return money?

**A:** Hurray! Time for a shopping road trip to the US!

**B:** Save some, invest some, pay off debts and then reward yourself!

### FIND TIPS & TRICKS

in Lesley Scorgie's Fun and Frugal Column: What to do with your tax refund.

This column and more available at [Metronews.ca/YourMoney](http://Metronews.ca/YourMoney)

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Find advice on personal investing,  
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## Quoted



**"I want to keep pitching for the Cubs. It was a moment of frustration Friday night, and I pitched so bad I wanted to retire, you know, I don't want to be making \$18 million and pitch like crap."**

**CUBS PITCHER CARLOS ZAMBRANO. ZAMBRANO SAYS HE'D LIKE TO PITCH AGAIN FOR CHICAGO AND WAS SIMPLY FRUSTRATED WHEN HE TOLD CLUB PERSONNEL HE WANTED TO RETIRE AFTER HIS MOST RECENT START.**



Scan code for more sports news.

# 'One of the toughest guys'

PHILLIP MACCALLUM/GETTY IMAGES



▶ Rick Rypien has died at the age of 27.

▶ **Enforcer Rick Rypien found dead in his Alberta home** ▶ **Former Canuck had signed with Jets**

Winnipeg Jets forward Rick Rypien has been found dead in his Alberta home.

The Jets confirmed the 27-year-old forward's death in a statement last night.

"We are deeply saddened to confirm Rick's passing," the statement read.

"As many people are aware, he had strong ties to True North Sports & Entertainment, the Winnipeg Jets Hockey Club, the former Manitoba Moose Hockey Club and the Vancouver Canucks. We would like to express our sincere sympathies to the Rypien family as well as Rick's friends."

The RCMP in Crownsnest Pass, Alta., said they received a call at 12:30 p.m. MT concerning a "sudden and non-suspicious" death.

Fans created a Facebook tribute page shortly after the reports of the 27-year-old's death surfaced, and former and current teammates posted condolences on Twitter.

Rypien is the second active NHL player found dead in the off-season. Former New York Rangers enforcer Derek Boogaard died in May due to an accidental mix of alcohol and the painkiller oxycodone.

Prior to joining the Jets, Rypien, the cousin of former NFL quarterback Mark Rypien, spent parts of six seasons in the Canucks organization, though personal issues had plagued part of his time in Vancouver.

"Rick has been a beloved member of the Canucks family for the past six years. Rick was a great

**"Sad to hear about Rick Rypien. I was looking forward to playing with him in Winnipeg. Thoughts are with his family and friends."**

**JETS CAPTAIN ANDREW LADD, IN A TWITTER POST**

teammate and friend to our players, coaches and staff," the Canucks said in a statement. "We send our deepest condolences to the Rypien family at this most difficult time."

The native of Coleman, Alta., made headlines last October when he pushed a Minnesota Wild fan after leaving the ice following a fight during a game in St. Paul. Rypien was handed a six-game suspension and later apologized for the incident.

Rypien had just one assist in nine games with the Vancouver Canucks last season after leaving the team because of personal issues but later returned with the AHL's Manitoba Moose. It was the second time in three years Rypien left the team to deal with undisclosed personal matters.

"I will always have the memories from Vancouver with Rick ... also pound for pound (he) was one of the toughest guys out there," posted New York Islanders forward Michael Grabner, a former teammate of Rypien's in Vancouver.

**THE CANADIAN PRESS**

## Crosby won't be rushed

Sidney Crosby's summer vacation is almost over. Still, there's no telling when the Pittsburgh Penguins star will return to work.

General manager Ray Shero said yesterday the former MVP is still dealing with concussion-like symptoms and it's too soon to know if Crosby will be available when the Pen-

guins open camp next month.

"There's no expectation from me that he won't be ready or he will be ready," Shero said.

Crosby hasn't played in a game since Jan. 5, missing the rest of the regular season and Pittsburgh's first-round playoff loss to Tampa Bay as he slowly recovered

from a concussion. He said in April he would be back for training camp, but with about a month to go before the team reports, Shero wouldn't guarantee No. 87 will be in uniform.

The 24-year-old Crosby has spent the summer at home in Nova Scotia working out on his own.

**THE ASSOCIATED PRESS**

### Sports in brief

#### Fabregas joins Barcelona

**SOCCER.** Cesc Fabregas' transfer to Barcelona is complete after the Spain midfielder signed a five-year contract yesterday. Barcelona said it paid 29 million euros (\$42 million) to Arsenal with extra

variables set to take the figure to 39 million euros (\$56 million).

**THE ASSOCIATED PRESS**

#### Thome gets 600th homer

**MLB.** Minnesota slugger Jim Thome became the eighth player to hit 600 home runs, connecting twice against the Detroit Tigers last night.

**THE ASSOCIATED PRESS**



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AMERICAN LEAGUE

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Boston	73	46	.613	—
New York	73	46	.613	—
Tampa Bay	64	55	.538	9
Toronto	61	59	.508	12½
Baltimore	46	72	.390	26½
CENTRAL DIVISION				
	W	L	Pct	GB
Detroit	64	57	.529	—
Cleveland	60	57	.513	2
Chicago	60	60	.500	3½
Minnesota	53	67	.442	10½
Kansas City	50	72	.410	14½
WEST DIVISION				
	W	L	Pct	GB
Texas	69	52	.570	—
Los Angeles	65	56	.537	4
Oakland	53	67	.442	15½
Seattle	52	67	.437	16

Last night's results  
Minnesota 9, Detroit 6

N.Y. Yankees 7, Kansas City 4

Baltimore at Oakland

Texas at L.A. Angels

Toronto at Seattle

Sunday's Results

Minnesota at Cleveland, ppd., rain

Tampa Bay at New York, ppd., rain

Toronto 5, L.A. Angels 4, 10 innings

Baltimore 8, Detroit 5

Chicago White Sox 6, Kansas City 2

Texas 7, Oakland 6

Seattle 5, Boston 3

Today's games

Tampa Bay (Shields 11-9) at Boston (Lester

11-6), 1:05 p.m., 1st game

Minnesota (Blackburn 7-9) at Detroit (Verlander 17-5), 7:05 p.m.

Tampa Bay (Niemann 7-4) at Boston (Bedard 4-7), 7:10 p.m., 2nd game

Cleveland (Jimenez 1-0) at Chicago White Sox (Floyd 10-10), 8:10 p.m.

N.Y. Yankees (Nova 11-4) at Kansas City

(Duffy 3-6), 8:10 p.m.

Baltimore (Matusz 1-4) at Oakland (Moscoso 5-6), 10:05 p.m.

Texas (D.Holland 10-4) at L.A. Angels (Chatwood 6-8), 10:05 p.m.

Toronto (Mills 1-2) at Seattle (Vargas 7-10), 10:10 p.m.

Tomorrow's games

Tampa Bay at Boston, 1:35 p.m.

Baltimore at Oakland, 3:35 p.m.

Minnesota at Detroit, 7:05 p.m.

Cleveland at Chicago White Sox, 8:10 p.m.

N.Y. Yankees at Kansas City, 8:10 p.m.

Texas at L.A. Angels, 10:05 p.m.

Toronto at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Philadelphia	78	41	.655	—
Atlanta	71	51	.582	8½
New York	58	62	.483	20½
Washington	57	62	.479	21
Florida	56	65	.463	23
CENTRAL DIVISION				
	W	L	Pct	GB
Milwaukee	71	51	.582	—
St. Louis	65	57	.533	6
Cincinnati	59	62	.488	11½
Pittsburgh	57	63	.475	13
Chicago	54	68	.443	17
Houston	38	84	.311	33
WEST DIVISION				
	W	L	Pct	GB
Arizona	68	53	.562	—
San Francisco	66	56	.541	2½
Colorado	57	66	.463	12
Los Angeles	55	65	.458	12½
San Diego	54	68	.443	14½

Last night's results

Atlanta 5, San Francisco 4

Pittsburgh 6 St. Louis 2

Chicago Cubs at Houston

L.A. Dodgers at Milwaukee

Colorado 7, Florida 4

N.Y. Mets at San Diego

Sunday's results

San Diego 7, Cincinnati 3

San Francisco 5, Florida 2

Chicago Cubs 6, Atlanta 5

Washington at Philadelphia, ppd., rain

Milwaukee 2, Pittsburgh 1, 10 innings

L.A. Dodgers 7, Houston 0

Arizona 5, N.Y. Mets 3

St. Louis 6, Colorado 2

Tonight's games

Arizona (Collmenter 7-7) at Philadelphia (Hal-

laday 15-4), 7:05 p.m.

Cincinnati (Leake 10-7) at Washington (Wang 1-2), 7:05 p.m.

St. Louis (C.Carpenter 8-8) at Pittsburgh

(Karstens 9-6), 7:05 p.m.

San Francisco (J.Sanchez 4-7) at Atlanta (Delgado 0-1), 7:10 p.m.

Chicago Cubs (Dempster 10-8) at Houston

(Myers 3-12), 8:05 p.m.

L.A. Dodgers (Billingsley 10-9) at Milwaukee

(Gallardo 13-8), 8:10 p.m.

Florida (Ani.Sanchez 6-6) at Colorado (Chacin 9-9), 8:40 p.m.

N.Y. Mets (Niese 11-9) at San Diego (Luebke 4-6), 10:05 p.m.

Tomorrow's games

Chicago Cubs at Houston, 2:05 p.m.

N.Y. Mets at San Diego, 6:35 p.m.

Arizona at Philadelphia, 7:05 p.m.

Cincinnati at Washington, 7:05 p.m.

St. Louis at Pittsburgh, 7:05 p.m.

San Francisco at Atlanta, 7:10 p.m.

L.A. Dodgers at Milwaukee, 8:10 p.m.

Florida at Colorado, 8:40 p.m.

SUNDAY

BLUE JAYS 5, ANGELS 4 (10 INN.)

Los Angeles	ab	r	h	bi	Toronto	ab	r	h	bi
Bourjos cf	4	1	2	1	YEScor ss	3	1	0	0
Callasp 3b	3	0	0	1	ETHms lf	3	1	1	2
Abreu dh	4	1	2	0	RDavis ph	1	0	0	0
TrHntr rf	4	1	1	2	Teahen pr-lf	1	0	0	0
Trumo 1b	4	0	0	0	Bautist rf	4	1	3	1
V.Wells lf	4	0	0	0	Lind 1b	5	0	0	0
HKndrc 2b	4	0	0	0	Encnc dh	5	0	2	1
Aybar ss	4	0	0	0	Rasms cf	4	1	1	0
BoWlwn c	3	1	1	0	Lawrie 3b	4	0	1	1
Arenci c	4	0	0	0					
JMcDnl 2b	4	1	2	0					
Totals	34	4	6	4	Totals	38	5	10	5

Los Angeles	201	010	000	0-4
Toronto	000	201	001	1-5

Two outs when winning run scored.

DP—Toronto 1. LOB—Los Angeles 1, Toronto 7.

2B—Bourjos (21), Bo.Wilson (6), Rasmus (5),

Lawrie (3), Jo.McDonald (8). 3B—Bourjos (8).

HR—Tor.Hunter (15), E.Thames (7), Bautista

(34). SB—Abreu 2 (17), Lawrie (1). S—

Y.Escobar. SF—Callasp.

Los Angeles	IP	H	R	ER	BB	SO
Haren	7	5	3	3	0	5
S.Downs H,20	1	2	0	0	0	0
Walden BS,8-34	1	2	1	1	0	1
Rodney L,2-5	1-3	0	1	1	2	1
Takahashi	1-3	1	0	0	0	0
Toronto						
Cecil	7	5	4	4	0	3
Janssen	1	0	0	0	0	1
F.Francisco	1	1	0	0	0	0
Rauch W,5-3	1	0	0	0	0	1
T—2:52. A—23,355 (49,260).						

NFL

PRE-SEASON

Last night's result

Houston 20 N.Y. Jets 16

Thursday, Aug. 18

New England at Tampa Bay, 7:30 p.m.

Philadelphia at Pittsburgh, 8 p.m.

Friday, Aug. 19

Washington at Indianapolis, 7 p.m.

Carolina at Miami, 7:30 p.m.

Detroit at Cleveland, 7:30 p.m.

Kansas City at Baltimore, 7:30 p.m.

Arizona at Green Bay, 8 p.m.

Atlanta at Jacksonville, 8 p.m.

Saturday, Aug. 20

Oakland at San Francisco, 8 p.m.

Tennessee at St. Louis, 8 p.m.

New Orleans at Houston, 8 p.m.

Buffalo at Denver, 8:30 p.m.

Minnesota at Seattle, 10 p.m.

Sunday, Aug. 21

Cincinnati at N.Y. Jets, 7 p.m.

San Diego at Dallas, 8 p.m.

Monday, Aug. 22

Chicago at N.Y. Giants, 8 p.m.

CFL

WEEK SEVEN

EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Winnipeg	7	6	1	0	182	130	12		
Montreal	7	5	2	0	222	156	10		
Hamilton	7	4	3	0	189	176	8		
Toronto	7	1	6	0	160	215	2		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Calgary	7	5	2	0	194	172	10		
Edmonton	7	5	2	0	173	154	10		
B.C.	7	1	6	0	167	202	2		
Saskatchewan	7	1	6	0	147	229	2		

Saturday Results

Hamilton 37 Toronto 32

Winnipeg 30 B.C. 17

Friday Result

Calgary 45 Saskatchewan 35

Thursday Result

Montreal 27 Edmonton 4

WEEK EIGHT

Byes: Calgary, Hamilton, Montreal, Winnipeg

Thursday, Aug. 18

Saskatchewan at Toronto, 7:30 p.m.

Friday, Aug. 19

B.C. at Edmonton, 9 p.m.

LEADERS

SCORING	TD	C	FG	S	Pts
Whyte, Mtl	0	23	19	1	81
Palardy, Wpg	0	15	19	4	76
Medlock, Ham	0	19	17	3	73
Duval, Edm	0	17	14	10	69
McCallum, BC	0	15	16	2	65
Paredes, Cal	0	17	13	4	60
E.Johnson, Sask	0	11	10	5	46
Stala, Ham	7	0	0	0	42
Prefontaine, Tor	0	12	9	1	40
Edwards, Wpg	5	0	0	0	30
Kackert, Tor	5	0	0	0	30
Richardson, Mtl	5	0	0	0	30
Stamps, Edm	5	0	0	0	30
Bratton, Mtl	4	0	0	0	24
Brown, BC	4	0	0	0	24
Cobourne, Ham	4	0	0	0	24
Cornish, Cal	4	0	0	0	24
Diedrick, Mtl	4	0	0	0	24
Foster, BC	4	0	0	0	24
Barnes, Edm	3	0	0	0	18
Brink, Wpg	3	0	0	0	18
Cates, Sask	3	0	0	0	18
Charles, Sask	3	0	0	0	18
Dressler, Sask	3	0	0	0	18
Gars, Mtl	3	0	0	0	18
Porter, Edm	3	0	0	0	18
Rideau, Tor	3	0	0	0	18

SOCCER

MLS

Sunday's result

Houston 2 Portland 1

Tomorrow's games

Houston at New England, 7:30 p.m.

Portland at Kansas City, 8:30 p.m.

Thursday's game

D.C. United at Chicago, 9 p.m.

ENGLAND

PREMIER LEAGUE

Yesterday's result

Manchester City 4 Swansea City 0

GOLF

WORLD RANKING

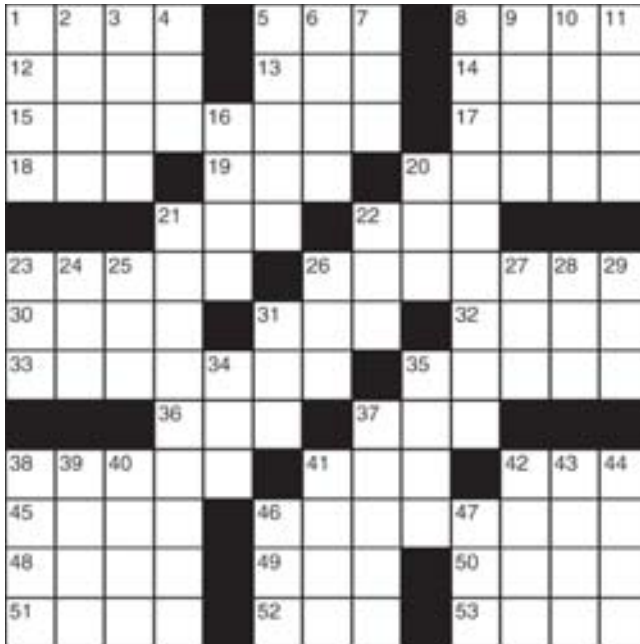
Through Aug. 14

1. Luke Donald	Eng	10.28
2. Lee Westwood	Eng	8.44
3. Steve Stricker	USA	7.03
4. Martin Kaymer	Ger	6.98
5. Rory McIlroy	Nlr	6.91
6. Phil Mickelson	USA	5.97
7. Adam Scott	Aus	5.80
8. Jason Day	Aus	5.62
9. Dustin Johnson	USA	5.54
10. Nick Watney	USA	5.40
11. Charl Schwartzel	Saf	5.29
12. Matt Kuchar	USA	5.24
13. Graeme McDowell	Nlr	4.95
14. J. Choi	Kor	4.72
15. Bubba Watson	USA	4.66
16. Ian Poulter	Eng	4.28
17. Paul Casey	Eng	4.26
18. David Toms	USA	4.16
19. Robert Karlsson	Swe	4.04
20. Kim Kyung-Tae	Kor	3.74
21. Hunter Mahan	USA	3.7

## Crossword

## Across

- 1 Birthday party high-light  
5 Witty one  
8 Cotillion VIPs  
12 Elliptical  
13 Ram's mate  
14 — podrida  
15 Attendance check  
17 King of the jungle  
18 Away from WSW  
19 Day divs.  
20 Roulette bet  
21 Remuneration  
22 Japanese theater  
23 Monastery head  
26 Shoulder-borne rocket launcher  
30 False god  
31 Insect  
32 "Once — a time..."  
33 Recorded a score, with "up"  
35 Ancient port on the Tiber  
36 Can metal  
37 Exist  
38 Place  
41 By way of  
42 Tackle the slopes  
45 Bobcat  
46 Highway with booths, e.g.  
48 Tom Joad, for one  
49 Noshed  
50 Ringlet  
51 Marries  
52 Founda-tion  
53 Wartime partner  
**Down**  
1 Apple's centre  
2 Shakespeare's river  
3 Hardy cabbage  
4 Right angle



- 5 Tired  
6 Piercing tools  
7 Solidify  
8 Home for Barbie, maybe  
9 Director Kazan  
10 United nations  
11 Fell prey to quicksand  
16 Conversation  
20 Dickens pseudo-nym  
21 Electorate's levies  
22 Gripe repeatedly  
23 "Wipeout" network  
24 "Humbug!"  
25 Sheepish remark?  
26 Pal  
27 Choose (for)  
28 Japanese pond fish  
29 Literary collection  
31 QB Roethlisberger  
34 Child  
35 Verbal  
37 Wasn't well  
38 Decelerate  
39 Youngster  
40 Author Bagnold  
41 Mark a ballot  
42 Music category  
43 Malden or Marx

- 44 Without acting  
46 Bill  
47 Nipper's co.

## Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

I love you more than anything in this world. You are the sexiest person I have ever met. You are my soul mate. Please come back so that we can enjoy happiness forever. **AER**

Big Irish, you are the sexiest man I have ever met, and are the best thing to ever happen to me. I love you and am lucky to be with you. I cherish every moment that we are together and I miss you so much while your working. **xoxoxoxo BOOBBOO**

Melanie, thank you for making my birthday such a special occasion. You are truly unique and I will forever cherish the thoughtfulness. When I looked in your eyes I felt a connection, even though we hadn't known each other for long. Kisses from your favourite Newfoundlander... **MARK**

## A look at the weather

- TODAY** Min 9° Max 20°  
**TOMORROW** Min 11° Max 19°  
**THURSDAY** Min 13° Max 20°

Michele McDougall  
Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". **WEEKDAYS 6AM**



## Today's horoscope

**♈ Aries March 21-April 20** You have a right to express your opinions, even if they offend people who disagree with your outlook on life.

**♉ Taurus April 21-May 21** Anything you do on impulse today will most likely work out quite well, especially on the work front.

**♊ Gemini May 22-June 21** A small sacrifice now could lead to big gains later on, so make the effort.

**♋ Cancer June 22-July 22** When it comes to the real world, courage and confidence mean more than

bits of paper.

**♌ Leo July 23-Aug. 23** What you get today may not be what you think you deserve but it is exactly what you need, so don't make a fuss.

**♍ Virgo Aug. 24- Sept. 22** You are getting bogged down in trivia and need to stand back from what you are doing and see it in a wider context.

**♎ Libra Sept. 23-Oct. 23** Enjoy life's contrasts today.

**♏ Scorpio Oct. 24-Nov. 22** An opportunity will arise today that demands an instant and emphatic

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca) response.

**♐ Sagittarius Nov. 23-Dec. 21** Everyone will be astonished by your bravery today.

**♑ Capricorn Dec. 22-Jan. 20** Stick to your high standards today no matter how hard certain people try to persuade you to sell out.

**♒ Aquarius Jan. 21-Feb. 18** Whatever you choose to do, partners and loved ones will back you up 100 per cent.

**♓ Pisces Feb. 19-March 20** If you hesitate you could miss out on something spectacular.

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## Caption contest



"Sideways world isn't as fun as I thought!"  
**MITCHELL**



**WIN! You write it!**

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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